

COVID-19 Student Guide

TAKE YOUR TEMPERATURE EACH MORNING BEFORE COMING TO CAMPUS!!!!

Are you experiencing COVID-19 symptoms? They include:

Shortness of breath	Muscle or body aches
New loss of taste or smell	Sore throat
Vomiting or diarrhea	Fever
Chills	Cough
Fatigue	Headache

If you have symptoms

- Stay at home (Self-Isolation)
- Contact your health care provider and your supervisor
- Complete the self-report form
- Contact HR before returning to work

FAQ

What if I have been in contact with someone who has tested positive for COVID-19?

If you were within 6 feet of the person for 10 or more minutes please contact your supervisor and HR for instructions. If the above listed criteria is not met please monitor your symptoms and contact your instructor and the VP of Student Services if you become symptomatic.

Can an student who is symptomatic be required to go home?

Yes. A member of the COVID-19 team can and should require a student who is ill to stay home to recover. If a student is required to leave notification will be sent to the instructional staff by the student and a member of the COVID-19 team.

If a student is self-isolating for symptoms that may indicate a COVID-19 infection, when can they return to student?

Individuals with COVID-19 symptoms (fever, cough, shortness of breath, sore throat, muscle aches and chills, or decreased sense of smell or taste) are encouraged to contact their health care provider to confirm whether they have the virus. Please contact the VP of Student Services Office prior to returning to work

How can I protect myself and others?

Students can protect themselves and others through taking the following measures:

- Practice social distance, maintain at least a six-foot distance from others, stay away from those who are sick, limit movement and avoid public spaces and large, crowded gatherings. Social distancing is critical to protecting everyone.
- Practice good hygiene: wash hands often with soap and warm water for at least 20 seconds; avoid touching eyes, nose and mouth; cough/sneeze into a tissue or your sleeve; avoid close contact with those who are sick; and stay home when you are sick.
- Know when and how to wash hands and use sanitizer.
- Wear a cloth mask or appropriate face covering in public settings.

Mississippi Delta Community College does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Steven J. Jones, Vice President of Administrative Services, Tanner Hall, Suite 202, P. O. Box 668, Moorhead, MS 38761, 662-246-6304.

COVID-19 Employee Guide

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Chills	Cough
Fatigue	Headache

If you have symptoms

- Stay at home (Self-Isolation)
- Contact your health care provider and your supervisor
- Complete the self-report form
- Contact HR before returning to work

FAQ

What if I have been in contact with someone who has tested positive for COVID-19?

If you were within 6 feet of the person for 10 or more minutes please contact your supervisor and HR for instructions. If the above listed criteria is not met please monitor your symptoms and contact your supervisor if you become symptomatic.

Can an employee who is symptomatic be required to go home?

Yes. A supervisor can and should require an employee who is ill to stay home to recover. Employees may qualify for paid leave benefits under the new Families First Coronavirus Response Act ([FFCRA](#)), effective 4/1/2020.

If an employee is self-isolating for symptoms that may indicate a COVID-19 infection, when can they return to work?

Individuals with COVID-19 symptoms (fever, cough, shortness of breath, sore throat, muscle aches and chills, or decreased sense of smell or taste) are encouraged to contact their health care provider to confirm whether they have the virus. Please contact HR for guidance prior to returning to work

How can I protect myself and others?

Employees can protect themselves and others through taking the following measures:

- Practice social distance, maintain at least a six-foot distance from others, stay away from those who are sick, limit movement and avoid public spaces and large, crowded gatherings. Social distancing is critical to protecting everyone.
- Practice good hygiene: wash hands often with soap and warm water for at least 20 seconds; avoid touching eyes, nose and mouth; cough/sneeze into a tissue or your sleeve; avoid close contact with those who are sick; and stay home when you are sick.
- Know when and how to wash hands and use sanitizer.
- Wear a cloth mask or appropriate face covering in public settings.
- Take steps to lower risk at meetings and events, including holding video- or tele-conference meetings, modifying in-person interactions and maintaining a 6-foot distance.

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